



# Positive Affirmations for Single Moms

All that I need is within me.

Stronger than I was yesterday.

I am stronger than I seem. I am braver than I think.

I am grateful.

I have a great life.

God gives strength to single parents.

Single parents are brave; I'm brave and courageous today.

I find time to have a social life.

I have kind caring affordable sitters whenever I choose.

I have those who are willing to help when necessary.

Being a single parent is part of what makes me unique.

My children and I form a strong bond.

